

Phase 1 Seeking help

<p>I am confident that my primary health care worker or GP has taken my concerns seriously. They understand the nature and cause of memory problems and will refer me for assessment as necessary</p>	<p>Improve local dementia information and advice:</p> <ul style="list-style-type: none"> <li>i) MyChoiceMyCare LCC online information and advice service dementia pages</li> <li>ii) LCC Care Directories &amp; Good Life Guide providing information about dementia awareness and support.</li> <li>iii) Dementia carers information booklet in carers' information pack</li> <li>iv) Carers short breaks leaflet</li> <li>v) Books on prescription about dementia including easy read for people with learning disabilities</li> </ul>	<p>Number of individuals and carers who find it easy to find information and support</p>	<p>31 March 2014</p>	<p>Jen Cairns and Chris Hubert (LCC)</p> <p>Lincolnshire Carers and Young Carers Partnership (LCYCP)</p> <p>Tony Hill (Public Health)</p>
	<p>Improve ease of access of information for patients and carers</p>	<p>All GP practices to have information available for patients and carers.</p> <p>All key stakeholders aware of available information. Media campaigns promoting awareness and information.</p>	<p>31 March 2014</p>	<p>Colin Warren (South West Lincolnshire CCG)</p> <p>Jonathan Fitzgerald (LCC)</p>
	<p>Raise dementia awareness via:</p> <ul style="list-style-type: none"> <li>i) LPFT awareness raising events.</li> </ul>	<p>Families know where to go for help and advice</p>	<p>31 March 2015</p>	<p>Steve Roberts (LPFT)</p>

## Improving the Dementia Journey – Initial Action Plan

Person centred outcome	Action	Outcome Indicator	Timescale	Lead
	ii) Dementia Action Alliance "Dementia Friendly Communities" initiative	Number of towns and villages designated "dementia friendly"		Tony Hill (Public Health)
	iii) DAA "Dementia Friends" initiative	Number of "Dementia Champions" Number of "Dementia Friends"		Richard Collins (Adult Care)
	iv) Alzheimer's Society's Dementia Awareness and Information Programme	Number of awareness raising events and numbers of people attending.		Sarah Stringer, Excellent Ageing
	v) Community pharmacies – targeted campaign	Increase in referrals to GP for diagnosis.	March 2014	
	vi) Dementia Awareness Week	Increase in referrals to Carers Teams for carers assessments and carers support.	May annually	All stakeholders
	vii) Promote Dementia Friendly Environments to LCC Spatial Planning Teams in 'Every Street Matters' and 'Age Friendly Communities' and 'Better by Design' initiatives	More dementia friendly environments	31 March 2017	

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<b>Phase 2 Learning that the condition is Dementia</b>				
<p>If I am given a diagnosis, it is delivered with sensitivity.</p> <p>I am able to discuss the condition (and possible diagnosis) with a health professional; my questions and concerns are addressed; and I receive relevant information at the right time, and in the right way for me.</p>	<p>Design integrated pathway for dementia care.</p> <p>Agree outcomes and service specifications for each element of the pathway.</p> <p>Primary care led screening for dementia by GP practice with referral for memory assessment as appropriate.</p> <p>Primary care based memory clinics.</p>	<p>Number of people diagnosed in line with local and national targets (66%). Two-thirds of people with dementia identified and given appropriate support by 2015.</p> <p>Proportion of people who say they are confident they can get the information and advice they need after diagnosis.</p> <p>Proportion of people who say they are confident they can get the support they need after diagnosis.</p> <p>Average time between referral to memory services and diagnosis.</p>	30 November 2014	<p>C. Warren (South West Lincs CCG)</p> <p>R. Collins (LCC)</p> <p>Dr P. Holmes (Lincs East CCG)</p> <p>C. Esberger (Lincs West CCG)</p> <p>S. Roberts (LPFT) South Lincs CCG</p>
	<p>Recognise needs of younger people with dementia. Ensure service specifications reflect needs of people affected by early onset dementia.</p> <p>Explore need for a separate service.</p>	<p>Number of people with early onset dementia diagnosed in line with local and national targets (66%). Proportion of people affected by early onset dementia confident they have access to appropriate services, information and support</p>	30 November 2014	<p>Richard Collins</p> <p>Collin Warren</p> <p>Procurement Lincolnshire</p>

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<b>Phase 3 Learning more and planning for the future</b>				
<p>I am confident that my circumstances, needs, preferences and strengths are understood and respected.</p> <p>As a carer my experience and understanding will help inform assessments and care plans. My own needs for information and support are considered</p>	<p>Develop a Dementia Family Support Service to provide information, advice and ongoing support families after a diagnosis until the end of the dementia journey.</p>	<p>Numbers of families supported by the new service after diagnosis.</p> <p>Number of carers who feel well supported.</p>	<p>31<sup>st</sup> October 2014</p>	<p>Richard Collins Emma Krasinska (Adult Care)</p>
	<p>Developing the range of dementia awareness and education courses available to carers.</p>	<p>Numbers of people caring for someone with dementia with a carers assessment.</p> <p>Numbers of people caring for someone with dementia with a Carers Emergency Response Plan.</p> <p>Numbers of families with an Advance Care Plan.</p> <p>Numbers of carers attending Dementia courses.</p>	<p>31 March 2014</p>	<p>Susan Cook (Carers Connect)</p>
	<p>Develop Cognitive Stimulation Therapy (CST) for patients with parallel education for carers</p>	<p>Numbers of individuals and carers accessing CST training.</p>	<p>31 March 2014</p>	<p>Steve Roberts (LPFT) Susan Cook</p>

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<b>Phase 4 Living well with Dementia</b>				
I can access a range of services which enable me to stay at home for as long as possible. As a carer I can access support, including training, to help me continue in my caring role	Improve the use of Telecare and Telehealth technology in dementia care via the new Wellbeing service.	Increase proportion of people living with dementia to use Telecare and Telehealth services to 40%.	1 <sup>st</sup> April 2014	Richard Collins Colin Warren Ruth Cumbers Deborah Shepherd (LCC)
	Create a Dementia Support Network to support people with relatively low levels of need at an early stage.	Number of people with dementia living at home.  Number and range of providers in the Support Network.  Number of families who report satisfaction with support received.	30 June 2014	Richard Collins Emma Krasinska
	Pilot targeted Dementia Short Breaks.  Market development with care and support providers to improve range of bookable short breaks	Numbers of carers supported.  Numbers of providers offering bookable respite and short breaks for people with dementia, including holidays with support.  Improved information and awareness about the range of breaks for families.	Jan 2014 – March 2015	Jen Cairns (Adult Care) Laura Blaine (Carers Team)  Andrew Wells (Adult Care)

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<b>Phase 5 Managing at more difficult times</b>				
I know I will be respected and will receive good quality care. My rights, preferences, and culture will be respected. People supporting me will have the knowledge and skills to understand my condition.	Develop integrated training strategy across health, social care and the independent sector.  Targeted training and awareness for staff in acute hospitals.	All clinical and care staff in community, residential and health sectors access an appropriate level of dementia care training. Number of Dementia champions in acute care. Numbers of staff trained in each sector.	31 March 2014	Kim Hughes (Adult Care)  Karen Johnston (NHS)  Collin Warren
	LPFT Hospital Intensive Psychiatric Service (HIPS) to support patients in A&E and on inpatient wards	Number of people with dementia assessed and supported effectively to prevent hospital admission and enable discharge on a timely basis.	31 March 2014	Alan Pattison (LPFT)
	Hospital Liaison Service pilot scheme at Pilgrim Hospital, Boston	Number of dementia patients and carers at Pilgrim Hospital supported by the Alzheimer's Society to improve inpatient outcomes and enable positive discharge on a timely basis.	31 March 2014	Ian Howarth (Alzheimer's Society) Gill Garden (ULHT)
	Review of LPFT in-patient services	Evidenced improvements in in-patient outcomes.	31 March 2016	Steven Roberts (LPFT) Collin Warren
	Develop Personal Health Budgets in line with national and local guidance and targets. Increase take up of people with dementia of direct payments.	Number of people with dementia using self-directed support including Direct Payments & Personal Health Budgets.	31 March 2015	LPFT Nigel Sheriden, Adult Care

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<b>Phase 6 At the end of life</b>				
I am confident that everything will be done to ensure that I die where I want to, well supported, and that my cultural needs and expectations will be respected	Review and implement end of life care best practice	Number of people who feel their needs and wishes are understood and respected.  Number of people dying in their preferred place of care.  Number of carers supported throughout end of life and beyond.	31 March 2014	Richard Collins Collin Warren Sarah Furley (St Barnabas Care)  Steven Roberts End of life care working group
	Care Home Service in designated areas of Lincolnshire	Number of residents with dementia receiving good quality end of life care	31 March 2014	Gill Garden ULHT East Lincs CCG West Lincs CCG
<b>Governance and infrastructure actions</b>				
I know that the strategy is being delivered by the Lincolnshire Health and Social Care community, and that we can measure progress on achieving the outcomes.	Set up Dementia Programme Board. Develop working action plan. Develop outcome indicators.	Dementia Programme Board agreed and functioning. Monitoring of delivery actions. Measurement of outcome indicators	31 March 2014	Dementia Core Group
I know that money is being used in the most effective way to help the most people.	Develop plans to collect and analyse financial, performance and service data relevant to dementia services.	Health and social care commissioners have comprehensive financial, activity and performance data sets relating to dementia across the dementia journey. Evidence of strategic shift from funding long-term & acute care	31 March 2015	Colin Warren David Laws LCC Directors of Finance ULHT, LPFT, LCGS

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		to reinvestment in preventative community based support.		